

## Encouragement verses

**1Peter 5:6-7.** Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.

**Isaiah 55:9** As the heavens are higher than the earth, so my ways higher than your ways and my thoughts than your thoughts.

**Isaiah 40:28-31** Do you not know? have you not heard? the Lord is the everlasting God, the creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. He gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who hope in the Lord will renew their strength. They will soar on wings like eagles, they will run and not grow weary, they will walk and not faint.

**Isaiah 41:10** So do not fear, for I am with you; do not be dismayed for I am your God. I will strengthen you and help you, I will uphold you with my righteous right hand.

**John 16:33** I have told you these things so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world

**Romans 8:35-39.** Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? It is written: for your sake we face death all day long; we are considered as sheep to be slaughtered. No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth nor anything else in all creation will be able to separate us from the love of God that is in Christ Jesus our Lord.

**2Cor 12:9,10** My grace is sufficient for you, my power is made perfect in weakness. therefore I will boast all the more gladly about my weakness, so that Christ's power may rest on me. That is why, for Christ's sake, I delight in weaknesses, in insults, in hardships, in persecutions and difficulties. For when I am weak then I am strong.

**Psalm 40:1-3** I waited patiently for the Lord, he turned to me and heard my cry. He lifted me out of the slimy pit, out of the mud and mire; He set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the Lord.

**Jeremiah 29:11** For I know the plans I have for you, declares the Lord, plans to prosper you and not to harm you, plans to give you hope And a future. Then you will call upon me and come and pray to me and I will listen to you. you will seek me and find me when you seek me with all your heart I will be found by you declares The Lord.

**Habakkuk 3:17-19** Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior. The sovereign Lord is my strength; he makes my feet like the feet of a deer, he enables me to go on the Heights,

**John 14:27** Peace I leave with you; my peace I give you. I do not give to you as The world gives. Do not let your hearts be troubled and do not be afraid.

**1Cor 10:13**. No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

**Romans 8:28**. And we know that in all things God works for the good of those who love him, who have been called according to his purpose.

**Lam 3:19-24**. Remember my affliction and my wandering, the Wormwood and bitterness. Surely my soul remembers And is bowed down within me. This I recall to mind, therefore I have hope. The Lords loving-kindnesses indeed never cease, For his compassions never fail. They are new every morning, great is thy Faithfulness. The Lord is my portion, says my soul, therefore I have hope in him.