



Activate: The Trinity
Lesson 4: The Spirit Alive and At Work

Lesson 4, Devotion 1

“If we live by the Spirit, let us also keep in step with the Spirit. Let us not become conceited, provoking one another, envying one another.” – Galatians 5:25-26

You focused your Bible study time this week discussing what it means to “walk by the Spirit.” Here, in Galatians 5:25-26, Paul puts it another way. He encourages us to “keep in step” with the Spirit.

Grab your journal or a note-taking app. Now, use the following prompts to spend some time putting your thoughts out of your head and out into the world.

Prompt 1: Jot down some examples of how you have kept in step with the Spirit this week.

Prompt 2: Where are the “places” in your life where you know you are tempted to go that are NOT in step with the Spirit?

Prompt 3: If you had to put down on paper an action plan to be more in step with the Spirit, what would it look like?



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Lesson 4, Devotion 2

¹⁸But if you are led by the Spirit, you are not under the law. ¹⁹The acts of the flesh are obvious: sexual immorality, impurity and debauchery; ²⁰idolatry and witchcraft; hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions ²¹and envy; drunkenness, orgies, and the like. I warn you, as I did before, that those who live like this will not inherit the kingdom of God. ²²But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³gentleness and self-control. Against such things there is no law.” – Galatians 5:18-23

Read the following quote:

“When our heart is filled with God’s love, the Holy Spirit takes control. Good fruit springs forth in words and actions as the result of this loving relationship.” – Jack and Donna Eggar

You talked this week about how the Holy Spirit and our sinful desires are opposed to one another. You were challenged to be more mindful of how you walk under the Spirit's guidance and not under the guidance of your sinful desires.

This quote helps us understand these principles a little better, doesn't it? The Holy Spirit is helping to drive us to follow Him better. We're not alone to obey God under our power. What an encouraging truth as we go through our days.

Think about this:

- What “good fruit” is the Holy Spirit producing in your life right now?
- What will it take for you to draw closer to the Spirit this week, being more mindful of how He is moving in your life?



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Lesson 4, Devotion 3

“But if anyone obeys his word, God’s love is truly made complete in him. This is how we know we are in him: Whoever claims to live in him must walk as Jesus did.” - 1 John 2:5-6

One of the challenges of being a Christ-follower is our struggle with sin. We have a relationship with Jesus; the Holy Spirit is working to make us more like Him. And yet, we still sin. We know that Holy Spirit is working inside of us to make us more Christ-like, but there are some days where it feels like because of our sin, we are far less like Jesus today than we were yesterday. If that’s how you feel, you’re not alone.

Read 1 John 2:1-6. Now, grab your journal or a note-taking app and answer the following prompts:

- John gives a warning not to sin. But do you think John expect his readers to be perfect? Why or why not?
- Take a minute to pause and thank Jesus for forgiving you, for taking your place on the cross. One of the cool things about a relationship with Jesus is that it’s because we are forgiven that we are set free to be molded by the Holy Spirit.
- In what ways do you feel like the Holy Spirit is asking you to live more like Jesus?
- What are some areas in your life where you struggle? Write a prayer asking the Spirit to help you with these areas.

Know that God is for you! He desires for you to be like Him. And the Holy Spirit is continually working behind the scenes to make you more like Jesus. Now that’s pretty awesome!