

Kids at Home (Discipleship) - Week of April 29th

Joy and Peace

Romans 15:13, Isaiah 26:3, Nehemiah 8:10b, Psalm 68:3,
Proverbs 15:13, John 16:33, Psalm 4:8, Psalm 29:11

1. Gather as a family and watch this video:

If you have kids of all ages encourage them to join in too and do this as a whole family.

Joy - <https://youtu.be/cfgmt4bnVEs>

Peace - <https://youtu.be/LwROkTNxXS8>

2. Read the Scripture listed above.

Allow your child to read aloud if they are able. Take turns reading parts of it. You can also read the pages in the Jesus Storybook Bible if you have preschoolers. Or do both! Whatever works for your family. And even if they struggle to be still, push through and do it anyway. You never know what they are picking up.

3. Discussion Questions. Talk with each other and answer together. Feel free to skip questions if you think they are over your child's head.

- What makes you feel really happy?
- Is there a difference between Joy and Happiness?
- Is it possible to fake joy?
 - Watch this funny clip from Disney/Pixar's "Inside Out" to see what happens when we try to fake joy: <https://youtu.be/HVoi6HHA92M>
 - Remember that these "fruits" of the Spirit come from a relationship with God. No matter how hard we try on our own, we will fall short. Only HE can make them grow in us.
- Does having joy mean you are never sad? (No! Christian joy is more than just the absence of sadness. It is believing in hope that Jesus is who He says He is and will do what He says!)
- The Bible says to "consider it Joy" when we face hard things. How can we do that? (This is hard for adults to do! Empathize with your child. Talk about how remembering eternal perspective can help us not to be overwhelmed by trials. Encourage your child to remember that God uses hard things to shape believers to be more like him!)
- What does it mean to be a peacemaker? (Looking for ways to settle an argument, using kind words / responding gently, does NOT mean you never voice your opinion)
- How are true Joy and Peace different from emotions?

4. Pray.

- Thank God for true peace and joy that comes from a relationship with Him.
- Ask God to help you be a peacemaker with those around you.

5. Worship. Listen, sing along, and dance to the songs below:

- Joy of the Lord (Rend Collective) - <https://youtu.be/n8bf-D2-WDc>
- Happy Day - <https://youtu.be/pi3laKTODc0>
- Peace Like a River - <https://youtu.be/d6085sLXCMs>
- Praise Hymn - https://youtu.be/mhNiGEUd_wA

Scripture Memory

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. The law is not against such things.
Galatians 5:22-23

(Additional for big kids)

“The Joy of the Lord is my Strength” - Nehemiah 8:10b

Weekly Activities

These activities are for you to use as needed throughout the week. They are not designed to use all at once unless you want to!

- Coloring Sheet – Fruit of the Spirit
- Paper Plate Emojis - paint, color, or use construction paper to make emojis out of paper plates.

Minute to Win It Game

- Game - Whippersnapper: <https://www.youtube.com/watch?v=NdwyeF6NIXw>
- Clock: <https://www.youtube.com/watch?v=J6Zmo5Q0AZ0>

THE FRUIT OF THE SPIRIT

