

Psalms 4+6

Psalm 4

- Even when it seems as if the ungodly have dominated the scene, believers should remember that God has chosen the godly for himself and will not forsake them. This is the central message of Psalm four.

David's request. 4:1

- David emotionally cries out to God. He pleads with God. It is a picture of a child in trouble or danger calling out to a parent for help and protection. He did not appeal to God on the basis of his own goodness but God's perfect righteousness.
- Mercy designates the quality of God by which he faithfully keeps his promises and maintains his covenant relationship with his chosen people despite their unworthiness and unfaithfulness.

David's Rebuke. 4:2-3

- David rebuke his enemies. Their scorn for God's anointed was also scorn of God.
- David boldly challenges his enemies, identifying himself as God's chosen servant.

David's rebuttal. 4:4-5.

- David prays for his enemies to have a change of heart, to search their hearts and come to a realization of their sin and its consequences of rebelling against God.

David's relief. 4:6-8.

- Those who continued to follow David as king were wanting to know that their deposed king would still lead them into a victorious future.
- Having prayed and put the situation in God's hands, David had peace because he trusted God. How often do I continue to worry and lose sleep even after praying to God about a problem or situation?

Psalm 6

- This song shows the devastating results of sin in the conquering power of confession.
- When a believer fails to acknowledge and confess his sins, God will apply his chastening rod to restore him to holiness. Hebrews 12:3-11.

The problem and consequences of unconfessed sin. 6:1-7.

- David realized that he had lost favor with God and was painfully aware that he was under God's rebuke and anger. David asks for mercy.
- He is in agony and anguish. Sin never delivers what it promises, but always brings sorrow and grief.
- David does not deny his sin or make excuses, he only asks for mercy.

The power of confessed sin. 6:8-10.

- David is suddenly as bold as a lion, rebuking his enemies. David explains that God had heard his weeping and this weeping surely involved the confession of his sin, leading to godly sorrow. 2Cor 7:10.
- David, the man after God's own heart sought forgiveness with the weeping of a broken heart. With remorse over his sins, he had been forgiven and had been restored, and given a new holy boldness.
- Essential to every healthy Christian life is the spiritual discipline of confession. 1John1:9.